Michael Polanyi College at UFM

Cycle One (Week Eight) Self-Evaluation

October 22, 2012

María Belén Fratti Week Eight Evaluation

* **Self-Awareness**
	+ **Time Management & Attendance**
1. Please list the days you have been late to morning meeting. Example: “November 18, 2012”:

*September 24, 2012*

*October 8, 2012*

*October 15, 2012*

*October 22, 2012*

1. In your estimation, what percentage of the time are you on time to group meetings (epicycles)?

*I attend on time a 75%*

1. Please list the days you have been absent.

*None.*

1. Are there any activities, dialogues, or epicycles that you have missed? Please specify.

*I’ve missed the morning meetings of the days I’ve come late. Those I mean, Katarina Hall’s Morning Meeting, the Morning Meeting that took place before we went to Atitlan and Carmen Rodriguez’s Morning Meeting. Also, Diego Rivera’s morning meeting in which he presented a video.*

1. If you have missed an MPC activity, what steps have you taken to make up or understand the missing time?

*I’ve asked what has been done and I’ve worked on the activities that have been already made.*

1. Have you adopted the habit of posting a schedule of your reading that includes time, place, and reading goals?

*No, I haven’t.*

1. Do you have a system for setting goals and accomplishing them?

Please explain.

*No, I just try to go on with my on volunteering but probably that’s not the most effective way. I will try to use a schedule but based on periods of the day, not specific minute measurement. Maybe this will give me more freedom of moving to different spaces and take breaks when needed.*

1. What percentage of time do you spend on non-program related activity at MPC? Give an estimate.

*25%, though I am fixing it now, I want to decrease that percentage to 5%.*

1. What keeps you most focused and on-task? Give concrete examples of techniques you use to manage your individual work time at MPC.

*I keep focused being alone, without distractions. If there’s sound it has to be relaxing music, but also silence works pretty well.*

1. What would you say keeps you from “disentangling” at MPC?
	1. Cell phone & Apps
	2. **Internet: Facebook, social networking, etc.**
	3. **Fellow students**
	4. Other distractions (please specify)
	* **Management of Environment**
		+ Do you clean up after yourself when using MPC resources such as coffee cups? *Usually, but not always.*
		+ Does your personal space at MPC reflect your standards for order and esthetics? *Usually, I have to work hard on that.*
		+ What is missing from your personal space that you would like to have included in the new space? *Bookshelf, maybe a desktop would be useful so we can keep all of our documents in one PC and not having the risk of losing our work.*
	* **Personal Ethics**
2. Of the ethics and virtues that we have discussed and read about so far which ones stand out to you the most? Make two lists and specify the source of the ethic: Twain, Kant, Emerson, Campbell, Bauer, Franklin, etc.
	1. The following are the ethics of a learner that I am consistently demonstrating in my daily work and interactions.
	2. The following are the ethics of a learner that I value but do not consistently practice.

|  |  |
| --- | --- |
| *The following are the ethics of a learner that I value but* ***do not*** *consistently practice* | *The following are the ethics of a learner that I am consistently demonstrating in my daily work and interactions* |
| I am not using my spare time to be a self-learner with other material other than the MPC’s. I put myself an excuse that I feel really tired. (B. Franklin)  | I really thrive to *understand* what I am learning so I can acquire my own perspective. (Kant) |
| I am not making a schedule to organize and have a good use of my time (B. Franklin, Bauer) | I’m starting to embrace silence and start thinking more and not being directed by my emotions. (B. Franklin, Campbell) |
| Even though I try to be comprehensive I get really sensitive when a comment is hard on me. (This goes related to the next one)(Campbell) | I try to be comprehensive and relate when listening to an opinion. (Campbell) |
| I get depressed sometimes with some things and keep them to myself. (Campbell) | I question things and being not a dogmatic know it all human being (B. Franklin) |
| Cleanliness (B. Franklin) | Humility. (B. Franklin) |
| Order (B. Franklin) | Tranquility (B. Franklin) |
| Sometimes I hold back my comments because I think I won’t be listened. (Campbell, Twain maybe) |  |

1. Give an example of when you stood up for the ethics we are trying to practice at the MPC.

*One time I remember while we were discussing some problems, we were wasting time by just arguing and yelling. I stood up and said we shouldn’t waste so much time yelling and just focus.*

1. Give an example of when you ignored the ethics we are trying to practice at the MPC.

*I was watching some pictures in the computer while I was in a conversation. I think that was rude…*

1. Which dialogue rubric rule do you find most challenging personally?

*“Make your comments public” I hold myself back.*

1. What dialogue rubric rule do you think the group finds most challenging?

*One at a time, relate your comments with the previous.*

* + **Personal Contributions**
1. Please list the rubric rules that you have personally contributed/suggested at MPC.

*I don’t remember if I contributed in one, but relate your comment to the previous might be one.*

1. Please give a full account of your facilitation of Morning Meeting including a one-page write-up that would allow a future student to replicate your Morning Meeting contribution.

*Canvas, an activity for interactive creativity –* ***There’s another page adjunct to the post in the blog which contains this information.***

1. What rules or sets of rules would you like to contribute/suggest for the future?

*We should make rules for learning each subject. For example, Euclid or Greek needs certain ways of learning. So, we should keep some “meta-rules” that apply to all, but still keep that consciousness that all subjects have their methodology.*

1. Can you list any other innovations or contributions that you have brought to the MPC either academically, culturally, or environmentally?

*Being part of the Euclid’s team I had a great time contributing to the culture of reflecting the passion I have for the subject.*

1. What area of curriculum would you most like to help design?

*The artistic part.*

1. What subject would you like to teach or facilitate at the MPC?

*Music and art.*

* **Completed Work**
1. Are you caught up with the required reading at MPC?  *No.*
2. Please state what you personally have read so far in the program. If you have not read a work from beginning to end, specify exactly what you have read. Example: “Page 1-3 of “Self-Reliance,” by Ralph Waldo Emerson.”
	* 1. *Kant / What is Enligthenment – Completed*
		2. *Twain / Corn Pone Opinions – Completed*
		3. *S. Campbell / Getting Real – Completed*
		4. *I. Stewart / Taming the Infinite – Chapter 1-4*
		5. *J. Adler / How to Read a Book – Chapter 1-2*
		6. *S. Bauer / The Well Educated Mind –*

*Chapter 1-8*

* + 1. *B. Franklin/ The Autobiography of Benjamin Franklin – Part 1-2*
		2. *R.W. Emerson / Self – Reliance –Page 1-4*
		3. *J. Found / Basic Greek – Chapter 1-12*
1. Have you begun to read any of the required books without being directed to do so? If so, please specify.

*No.*

1. Does your documentation specify a place to see your responses and commentaries on what we are reading at MPC?

*Yes.*

1. On a scale of one through ten how would you rate the substance or completeness of your commentaries?

*Some are 7.5 (these are the ones I’ve made later)*

*Others are 6*

1. Give at least one example of how you are applying what you are learning from the required readings.
* *From Susan Bauer, I’ve been more conscious of the parts of the readings, and how to acquire a better understanding using the grammar, logic and rhetoric. Also, using the methodology is something that has helped me a lot through my readings. I am getting used to write a journal with the ideas.*
1. Are you caught up with your Greek study?
	* Please list your current scores for the on-line tests.

70

70

75

75

75

* + Do you know your Greek alphabet by heart?

*No.*

* + Do you know how to pronounce the Greek letters and read phonetically?

*Yes.*

1. If asked to do so could you demonstrate the first three propositions of Euclid?

*Yes.*

1. Of the work you have done so far at MPC, which represents your highest standard?

*The reflections I’ve had on dialogues and readings and also what I’ve been learning on Euclid and math. Also, the morning meeting I organized left me really happy and brainstorming on the next.*

**Your role in other’s learning**

1. How are your decisions and actions affecting your co-learners at the MPC?
2. ***I give direct feedback even if it is negative***
3. ***I give positive feedback***
4. ***I offer to help those who are struggling with curricular content***
5. ***I invite and welcome feedback***
6. ***I make a list of questions to bring to dialogues that will help with understanding the text.***
7. ***I encourage others to be off-task ( ☹ I am trying to work on this)***
8. ***I have trouble choosing the appropriate time to engage others in conversation***
9. ***I often do the right thing at the wrong time***
10. ***I put off my MPC work for times when I am not at MPC***
11. What steps are you taking to learn about the academic needs and strengths of your fellow MPCers?

*By getting to know them more, by talking to them personally and knowing their perspectives.*

1. If you had to give one piece of advice to each MPCer on how they could improve their role in the learning process at MPC, what would it be. (Create a list of names and put your advice next to each name.)

***Gaby*** *– Think a little more before you speak and be present. React consciously.*

***Pablito*** *– Be concise because sometimes I don’t understand you.*

***Ines*** *– Don’t be afraid, be present.*

***Lucia*** *– Be present and listen before you speak.*

***Majo*** *– I feel sometimes you agree so much and skip previous comments. But you should also participate more. I want to know you more, so I know how you are.*

***Diego*** *– You don’t know it all, listen more and don’t make prejudices.*

***Alejo*** *– You don’t know it all, listen more and don’t make prejudices.*

***Javier Tabush*** *– Sometimes I don’t feel you present, you should say what you think. Don’t give up.*

***Javier Parellada*** *– You can say more of your understanding.*

***Katarina Hall*** *– I would really like to hear your comments.*

***Carmen Rodriguez*** *– Keep questioning.*

***Isabel Moino*** *– I would really like to talk with you about your learning*

***Luis Fernando Melgar*** *– I would love to hear your comments more often. I notice that you are saying more and that’s great. You should keep doing that.*

***Franz Yohan Boy*** *- I sometimes don’t feel your interest in what we are doing at MPC.*

***Marcela Richardson*** *– I would really like to listen to what you think*

***Lorena*** *– I feel that you are not present and that you should comment and question. I don’t feel that you’re present in classes like math and programming.*

***Albert*** *– Be more tolerant.*

***Grace*** *– I don’t feel that you’re present in classes like math and programming. I think I should talk more with you and get to know you better.*

1. What advice would you give yourself?

*Be more present, don’t hold back, and don’t be afraid! Try to explain yourself concisely Mabe!*

**Small Group Participation and Conduct**

1. List the rules of your current small group rubric?

|  |  |
| --- | --- |
| *To Do* | *Not to Do* |
| Be Honest | Cellphones  |
| Be Aware | Leave unexpectedly |
| Be there for your Group | Keep things to yourself |
| Focus | Unpunctuality |
| Contribute to the Environment | Giving up |
| Embrace Silence | Ignore comments |
| Be Concrete |  |
| Be Humble |  |
| Be Supportive |  |
| Call for Breaks |  |
|  |  |

1. What commitments has your group made to the MPC environment?

*I can’t recall anything right now.*

1. Has your group made commitments and failed to follow through? Be specific.

*The first day we had to bring food and were responsible of it, we didn’t all bring stuff (just Lucia) But we didn’t remind to each other what we had to do.*

1. What is the most difficult aspect of working with a small group?

*That you feel that it’s like “chill time” and don’t really take advantage of the time properly.*

1. What is working well in your small group?

*Trust.*

1. What plans do you have for innovation of your group’s dynamic and/or its goals?

*Communicating and letting others know my perspective and engage to get real with our education by being honest and really focusing.*

**Large Group Participation and Conduct**

1. Have you ever called for a debrief during a dialogue? *No.*
2. Does the group maintain the set of standards it has set for itself when we have outside professors? *Yes. We are still working on this but it’s visible how people try to engage to the rubric.*  If not, how is it different?
3. What are the most significant signs that our group is progressing at MPC?
* *Recalling the rubric*
* *Sincere feedback*
1. What do you see as the biggest challenge or obstacle facing the group?

*Knowing to distinguish a fight from a discussion for feedback. Also, commitment to really make what we said we would do.*

**Documentation**

1. When and where do you do your daily documentation? *At the computer which is at the cubicle or at the Business School Laboratory.*
2. How long do you spend each day?

*3-4 hours. It depends in how heavy the amount of information is.*

1. Please list the types of documentation that you are currently updating maintaining:
* **Blog**
* **Vlog**
* **Video archive**
* **Writing archive**
* **Reading Commentaries on program material**
* **Rules and Standards (Rubrics)**
1. Have you posted the results of your Khan Academy self-evaluation for mathematical literacy?

*I haven’t finished my work in Khan Academy, though I’m working on it.*

1. Have you posted your personal vision statement?

*Yes.*

1. Have you posted your version of the MPC vision statement?

*Yes.*

1. Do you have a record of the outline for the meta-question you were given for the MPC Handbook?

*Yes.*

**Seven Thinking Dispositions**

Please give one example of how you are demonstrating each of the seven thinking dispositions at the MPC. If you cannot think of an example, write an example of what you plan to do in the future.

1. “The disposition to be broad and adventurous: the tendency to be open-minded, to explore alternative views; an alertness to narrow thinking; the ability to generate multiple options.

*When there’s something I don’t agree on, I like to hear the reasons and arguments before just standing out that I disagree. Sometimes, asking questions I get to understand other’s opinions. I don’t remember an example but I think I do this. If not, then I would really like to accomplish this. I don’t like to force people into my opinion and I enjoy hearing others’.*

1. The disposition toward sustained intellectual curiosity: the tendency to wonder, probe, find problems; a zest for inquiry; an alertness for anomalies; the ability to observe closely and formulate questions.

*I notice this one is related with the previous. I didn’t understand for example today some facts about the conversation I didn’t attend yesterday. So I asked Alejandro, and even though I am a musician I didn’t remember certain things about frequencies. He elaborated a little on the subject and I got to understand more.*

1. The disposition to clarify and seek understanding: a desire to understand clearly, to seek connections and explanations; an alertness to unclarity and need for focus; an ability to build conceptualizations.

*I really like to listen, and elaborate on what people say so I can clarify my understanding. So, for example, in dialogue I enjoy recalling previous comments so I can actually call the attention of the emissary and be aware that what I’m saying makes sense.*

1. The disposition to be planful and strategic: the drive to set goals, make and execute plans, envision outcomes; alertness to lack of direction; the ability to formulate goals and plans.

*I have trouble with schedules, though I really like to do plans in order to execute things. For example, the organization for the Euclid’s recordings I really like to organize the ideas. Now, the execution is a different thing, because time management is a challenge.*

1. The disposition to be intellectually careful: the urge for precision, organization, thoroughness; an alertness to possible error or inaccuracy; the ability to process information precisely.

*This is something I’ve been working lately. Thinking before speaking is something I really want to acquire by being alert and listening in order to make sense and let people clearly know what I’m saying. It’s all a matter of rhetoric, or should I say Trivium?*

1. The disposition to seek and evaluate reasons: the tendency to question the given, to demand justification; an alertness to the need for evidence; the ability to weigh and assess reasons.

*Asking why, how and what is I really enjoy doing, but sometimes I hold myself back. Though I am working to keep questioning, I want to be able of understanding better.*

1. The disposition be metacognitive: the tendency to be aware of and monitor the flow of one's own thinking; alertness to complex thinking situations; the ability to exercise control of mental processes and to be reflective.”

*This is a challenge because I can get really messed up with my thinking because so many things come into my mind when talking about something, that I think that it even interferes with my rhetoric. Though, focusing and writing down ideas helps, I need to take more control of this ability.*

**The Habits of Mind**

Please give an example of how you are demonstrating the following habits of mind at MPC. If you are not demonstrating a particular habit, give an example of what you plan to do in the future.

1. Persisting

*I need to work in this, because sometimes I just hold myself back. But being active and letting know others my ideas is something that will really help me to get this habit.*

1. Managing impulsivity

*Listening and trying to understand reasons.*

1. Listening to others with understanding and empathy

*Eye contact and concentration is a challenge, but I’ve been practicing and it has been quite successful.*

1. Thinking flexibly

*Questioning and trying to understand other ideas.*

1. Thinking about our thinking (metacognition)

*This is a challenge, but organizing the ideas by writing them down or asking for a silence time would be a great idea to organize my thoughts.*

1. Striving for accuracy and precision

*Related for the previous, organizing ideas and focusing will let me express with precision.*

1. Questioning and posing problems

*Reflecting and just not saying “yes” to others is a really good source of formulating questions in order to understand.*

1. Applying past knowledge to new situations

*Previous experience and letting know those in dialogue can clarify certain points, though I think sometimes one must disentangle from that phantoms of the past.*

1. Thinking and communicating with clarity and precision

*This is a challenge that can be resolved by asking for silence breaks so I can organize my ideas. Also by active listening and recalling others, the clarity and interaction can be better.*

1. Gathering data through all the senses

*This can be achieved by awareness and not procrastinating. I’ve been working on that and it has been really helpful to have a broad understanding of the dialogue also: writing, eye contact and really turning your ears and mind on without any prejudice.*

1. Creating, imagining, and innovating

*By active listening and the gathering of different ideas, one can create an amazing mixture! Also, by making connections with other previous ideas and experiences (Number 8), one can innovate and be creative.*

1. Responding with wonderment and awe

*Being empathic and recognizing that the person that is talking has a mind and is willing to share something.*

1. Taking responsible risks

*This is a challenge since I tend to hold back, but when risks are taken I really would like to be sincere and know that what I’m saying, my ideas and opinions have their consecutive feedback. This is also a matter of awareness.*

1. Finding humor

*I really like humor and making connections sometimes. So I like to make inside jokes because that also makes people ease the active listening.*

1. Thinking Interdependently

*By questioning and elaborating on previous comments is a way to create a huge network of ideas instead of just make an isolated and pointless comment.*

1. Learning Continuously

*Being aware that I don’t know it all. It is a challenge when it is something I was “supposed” to know, but that is one of the essences of learning.*

**Your Own Reflections on Self-Assessment**

Please use this space to add anything relevant to your self-assessment for Cycle One.

*I think this Cycle was a challenge for me in order to understand that I haves some kind of fear to sometimes say what I think. I really love to question, but when it comes to sharing, I don’t get to share everything I would want to because of fear. So, this Cycle let me be aware of this ghost.*

*Another thing I noticed of myself is that I need to be more conscious of my use of time. I am used to procrastinate, but I am changing that by searching more effective environments so I can do my job. Making a schedule will help, but it’s still a habit I haven’t acquired. I notice I really like to dig into the book when I’m reading and that I need to improve my speed.*

*Though I am a solitary person, (I don’t have much real friends), I’ve been getting acquainted with the MPC members and I am really happy I have been opening myself up and letting people know more about me. This is not something I tend to do with everyone, I am really gaining more trust and I’m glad I have a place where I can actually trust in others.*

*I am really willing to improve my income to the MPC and being more committed. So, by saying really when I can’t do something or not being “complacent” in psychological terms, I will be a more effective member of the MPC.*